## The Case for Action: **Early Child Care and Education**

## High-quality early care and education is critical to growth and development



The earliest years of life are a time of rapid brain development.



Most achievement gaps and disparities in socio-emotional development are in place before kindergarten.



High-guality early education improves outcomes related to physical and behavioral health, poverty, lifetime earnings, and even incarceration rates.



These improved outcomes produce a societal return on investment of \$4 to \$16 for every dollar spent.

## Families are struggling to balance work and child care commitments



The majority of families today no longer have a full-time stay-at-home caregiver.



of two-parent families with children have both parents working

of single mothers with children under 6 are employed outside the home

Families increasingly rely on the incomes of mothers to make ends meet.



2/3 of mothers bring home at least 1/4 of family earnings

More than 4 in 10 mothers are primary breadwinners



## High costs are straining family budgets



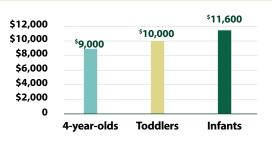


In reality, the average cost of early child care and education in the U.S. takes up:





Average cost of early child care and education in the U.S.



Cost varies substantially by location, including disparities between urban and rural settings

Alexandra L. Bradley, Joan Entmacher, and Heidi Hartmann, "Designing a State-Based Social Insurance Program for Early Child Care and Education," in Designing Universal Family Care: State-Based Social Insurance Programs for Early Child Care and Education, Paid Family and Medical Leave, and Long-Term Services and Supports, eds. Benjamin W. Veghte, Alexandra L. Bradley, Marc Cohen, and Heidi Hartmann (Washington, DC: National Academy of Social Insurance, 2019), http://universalfamilycare.org/report/.